

# River Grille

## \*\*KETO MENU\*\*

**ALL ITEMS ARE KETO & GLUTEN FREE FRIENDLY**

### **CHICKEN VEGETABLE CURRY 14**

Sautéed chicken / onions / peppers / zucchini / ginger / garlic / scallions / red curry / coconut scented cauliflower rice

### **PAN ROASTED CHICKEN 14**

Roasted chicken / sautéed spinach / sun dried tomatoes / creamy garlic sauce

### **GARLIC SOY TUNA 12**

Seared Ahi tuna / avocado / sesame seeds / garlic soy sauce / cucumber

### **KETO BURGER 14**

Double grilled beef burgers / cheddar cheese / hickory bacon / fried egg / vegetable medley side *\*gluten free bun available\**

### **STEAK CAPRESE 15**

Half pound sliced sirloin / tomato / fresh mozzarella cheese / pesto / balsamic reduction / mixed greens

### **LOBSTER TAIL 22**

Half pound steamed tail / drawn butter / vegetable medley / side salad

### **CURRY MUSSELS 12**

Prince Edward island mussels / ginger / garlic / coconut milk / curry / cream / basil

### **FAJITAS 16**

Chicken OR Steak / peppers / onions / cheddar Jack cheese / lettuce / tomato / salsa / sour cream